

## Patient Intake Form

Patient's Name: \_\_\_\_\_

Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Gender: M / F

Name of Patient's Gaurdian (if applicable): \_\_\_\_\_

Address: \_\_\_\_\_

Preferred Contact: (choose one)

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Marital Status:

- Single     Married     Living w/ Significant Other  
 Divorced/Separated     Widowed     Other: \_\_\_\_\_

What is the *main* reason for today's visit? \_\_\_\_\_

Please list up to five other complaints/symptoms you are experiencing in order from most to least troubling:

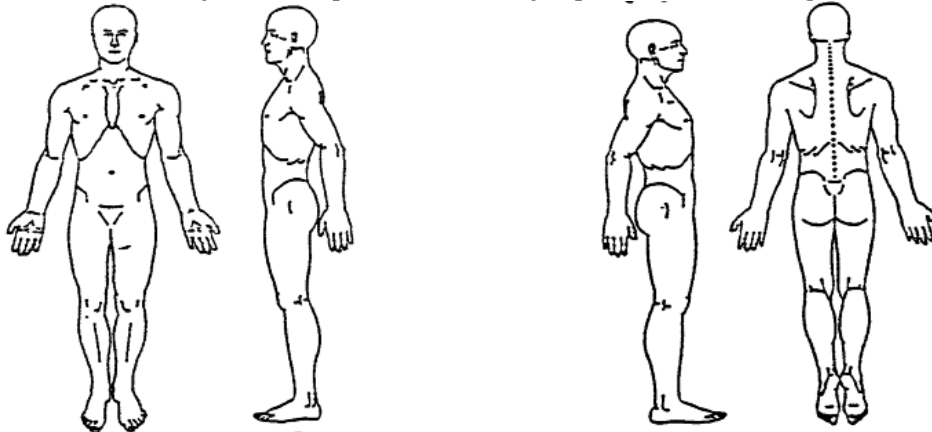
1. \_\_\_\_\_ 2. \_\_\_\_\_  
 3. \_\_\_\_\_ 4. \_\_\_\_\_ 5. \_\_\_\_\_

How long have you had your *main* complaint? \_\_\_\_\_

How did it happen? \_\_\_\_\_

What would you like your treatment to accomplish (Goals)? \_\_\_\_\_

Please indicate where you have pain or other symptoms on the diagram below:



Patient/Gaurdian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Do you/have you had any of the following?: (please circle, explain if "YES")

Dependency on illegal/addictive substances?

No / Yes; please explain: \_\_\_\_\_

Significant *HEAD* complaints such as headache, dizziness, head trauma, fainting, etc?

No / Yes; please explain: \_\_\_\_\_

Significant *EYE* complaints such as spots/flashes/changes in vision, sensitivity to light, double vision, etc.?

No / Yes; please explain: \_\_\_\_\_

Significant *EAR* complaints such as ringing, infection, hearing loss, drainage, etc.?

No / Yes; please explain: \_\_\_\_\_

Significant *NOSE* complaints such as nosebleeds, sinus problems, dripping etc.?

No / Yes; please explain: \_\_\_\_\_

Significant *MOUTH* complaints such as jaw pain, trouble swallowing, bleeding gums, changes in taste, hoarseness, etc.?

No / Yes; please explain: \_\_\_\_\_

Significant *LUNG* complaints such as asthma, pneumonia, wheezing, persistent cough, difficulty breathing, etc.?

No / Yes; please explain: \_\_\_\_\_

Significant *CARDIO VASCULAR* complaints such as chest pain, palpitations, ankle swelling, cold/hot feet or hands, leg/calf cramps, high/low blood pressure, etc.?

No / Yes; please explain: \_\_\_\_\_

Significant *GASROINTESTINAL* complaints such as bloating, gas, nausea/vomiting, ulcers, diarrhea/constipation, blood in stool, liver disease, gall bladder disease, etc.?

No / Yes; please explain: \_\_\_\_\_

Significant *GENITOURINARY* complaints such as difficulty/pain urinating, blood in urine, increase/decrease in urination, genital infection, kidney stones, etc.?

No / Yes; please explain: \_\_\_\_\_

Significant *SKIN* complaints such as rashes, excessive bruising, hair loss, changes in moles, itching/peeling, etc.?

No / Yes; please explain: \_\_\_\_\_

Significant *NEUROLOGIC* complaints such as seizures/epilepsy, strokes, tingling/numbness, weakness, poor coordination, etc.?

No / Yes; please explain: \_\_\_\_\_

Significant *MUSCLE/BONE* complaints such as osteoporosis, arthritis, bone pain, dislocations, etc.?

No / Yes; please explain: \_\_\_\_\_

Significant *PSYCHOLOGICAL* complaints such as excessive stress, depression, anxiety, mood swings etc.?

No / Yes; please explain: \_\_\_\_\_

Please list any significant traumas or injuries you've had and when: \_\_\_\_\_

Please list any previous hospitalizations and/or surgeries and when: \_\_\_\_\_

Please list any current medications/vitamins/supplements you are taking: \_\_\_\_\_

Please list any allergies you have: \_\_\_\_\_

How often do you use alcohol?: Never Seldom Monthly Weekly Daily

How often do you use caffeine?: Never Seldom Monthly Weekly Daily

Smoking status:  Never smoked  Currently smoke  Quit \_\_\_\_\_ years ago

Do you currently feel safe at home? Yes / No

*Females:* Have you had your first menstruation? Yes / No

Do you have a *FAMILY HISTORY* (immediate family) of:

Cancer? No / Yes; \_\_\_\_\_

Heart Disease? No / Yes; \_\_\_\_\_

Stroke? No / Yes; \_\_\_\_\_

High Blood Pressure? \_\_\_\_\_

Depression: No / Yes; \_\_\_\_\_

Other: \_\_\_\_\_

How much water do you drink each day? About \_\_\_\_\_ cups / oz.

What type of physical activity do you do? \_\_\_\_\_

How often? \_\_\_\_\_

Are you currently under the care of another physician?

No / Yes; who?: \_\_\_\_\_

Patient/Gaurdian Signature: \_\_\_\_\_ Date: \_\_\_\_\_